



**1ST PARENTS & STUDENTS
INCOMING 1ST YR SUPPORT PACK
2026/27**



Our Mission Statement

- *‘To provide an **inclusive** education which strives to enable students to achieve their potential. We seek to promote the **wellbeing** of all members of the school community in a respectful, safe and caring environment which values the **dignity** of each individual’*
- The success of our students is dependent on a strong link between parents, students and teachers. It is essential that parents **support us and our policies** in achieving the best educational outcomes for our students.



Transitioning from Primary School

- **Landmark Moment**(Excitement & Anxieties). Daunting prospect!!
- Always **focus on the Positives**-New Adventure
- **Social and Academic Transitions**(New Friends and New Subjects and Courses)
- **Allow the time to settle in.** Parent should **Support, Listen, Encourage and Show** them **but don't do it for them. Build resilience.**
- **Every child reacts differently** to new experiences
- **Induction Team 2 day Induction Programme**(School Tour/Sorting Lockers/Bus Stops/IT)/Start Right Initiative-Wellbeing team(TY/5TH Year Students) to help students settle in.

Stress-Resilience

The ability to cope with change is a key life skill. Resilience is the ability to cope with change positively and successfully.

Stress gets a bad press. The stress response why we feel it?

We are incredibly well engineered and adapted to life. **Our stress response is designed to support us to rise to a challenge.** It creates more blood flow, open blood vessels, releases hormones that increase our energy and encourage us to care for others. Research suggests **it's not stress that is a problem it is our attitude to it.** We need to **understand stress and distinguish it from anxiety.** For those who don't believe stress is bad for them, stress ceases to be a risk factor for their health.

Suggested Viewing: How to make stress your friend | Kelly McGonigal
<https://www.youtube.com/watch?v=RcGyVTAoXEU&t=150s>

Coping with change is a key skill.

Resilience can be supported and developed.



8 Ways to Build Resilience in Children:

1. Let them experience disappointment so they learn sadness doesn't last forever.
2. Validate their fears and help them make plans to do things even if they're scared.
3. Let them take (reasonable) risks and experience natural consequences.
4. Encourage them to try new things, make mistakes, and learn from their mistakes.
5. Give them opportunities to make their own decisions and help them problem solve.
6. Tell stories of people who faced hard times, persisted, and grew stronger as a result.
7. Reframe challenges as short-term problems, and opportunities for learning.
8. Remind them that although we can't control everything that happens to us, we *can* control how we respond.

Learn more at www.GoodDaysWithKids.com



Strategies for coping with Anxieties

- **Be Positive:** Focus on the positives, what your child likes rather than dislikes. Help them see that this is a positive change in their lives- something they are well able for.
- **Be Patient:** Encourage your child to give it time to settle in and let them know that it will get easier.
- **Be Organised:** Being organised makes the day a lot less stressful
- **Be Friendly:** Encourage them to be friendly, smile and talk to their classmates. Once friendships are established they will feel part of school life.

Social Concerns-Friendships

Adolescence is a time of huge emotional change and development. During 1st and 2nd year teenagers can be seen to 'try out' new friends. They may expand or move from the circle of friends they had in primary school. This is perfectly natural and normal particularly if the new friends share the same interests and values.

In the initial weeks we would recommend encouraging a **widening of friendships** beyond the friends they may already have.

- Its easy to make connection in the early weeks. Lots to talk about, teachers, classes, the food, great opportunity to engage. They may want to stick to the group they came in with, but **widening your circle is important.**
- **If the circle of friends is small,** when a friend is absent from school it may be hard to join other groups. If friendships change, they may be left alone later in the year when it's hard to make friends.
- **Mixed groups of friends are very healthy,** it adds balance to groups and develops the concept of friend rather than boyfriend/girlfriend.
- **School extracurricular activities(Lunchtime clubs/Sport etc)** are important here, opportunities to meet and socialise in a safe supervised environment.

Wellbeing: A Whole-School Approach



- ❑ Limerick Youth Service – Be Well Anxiety Awareness Workshops.
- ❑ FUSE Anti-Bullying Training for all students.
- ❑ STN Safespace.
- ❑ An Tobar Nua Retreats.
- ❑ Amber Flag for Promotion of Mental Health.
- ❑ Delphi Trip for 1st Years in April 2027.
- ❑ Staff and Student Wellbeing Teams.

School Expectations/Code of Behaviour



- **Being organised**(Books, Lockers, Zipped Pockets Journal, Punctual/ TT copy at home(PE/Home Ec/Practical Subject equipment needed for certain days)
- Regular school **attendance is important.**
- **Appointment Notes**(in Journal) for medical appointments should be submitted to the office in the morning. Students and Parents must sign out when collecting students in these circumstances. Ideally if students have to be collected early it should only occur at **10:50(Break) and 13:05(Lunch)**, so as to minimise disruption to classes.
- **Absence Notes** for illnesses must be submitted to the Office on return to school at the latest. Emailed reasons for absence must have the student name and class in the Subject bar of the email.
- **Haircut appointments and preparing for discos** are not considered legitimate reasons for school absence. School absence are justified for **essential reasons only.**

School Expectations/Code of Behaviour



- **Being Punctual:** Students must be on time for school(Arrive by 08:40 at the latest)
- **Late Notes:** Students must present their journal at the office with the signed reason for being late. Students will also be required to sign the late book.
- **Late texts** are sent to parents from 09:30 (approx.) each morning
- **Respect Rule**(See Journal) Please & thank you is free will get you far!!!
- **Sanctions**(See Journal)
- **Getting involved** in all school activities(Lunchtime activities)
- **Role of Parents**-Monitoring Progress in Journal and signing Journal at the end of each week/Parents Council/Talking to your child/Supporting your child with their homework
- **School Policies**(Mobile Phone)(See Journal & Website)

Being Organised

- **Seats are usually assigned** to students in each class, so their desk will be there.
- **Understanding:** A couple of weeks grace will be given at the beginning of the year.
- **Becoming familiar with your timetable is important.** Students should **check their journal the night before** and check what class they have, what materials they need, and where the rooms are. On **arriving at school** students should go to their lockers sort their books and equipment, get the books for the classes to morning break. Change the books at **break(10:50am)** for the classes to lunch and at **lunch(13:05)** prepare the books for the afternoon classes. It is a lot to do, it will take practice they will get very quick at it. But in the beginning its difficult and a cause of lost books, forgotten books and lateness. Some students use big Ziplock pockets to keep their books together or Colour Code Books and Copies. So being early for school 15/20 minutes makes the day run smoother.
- Being organised they will lose less, **put names on everything(permanent marker),** encourage them to keep belongings in lockers or bags. Most lost items can be found if named and looked for.
- Having **spare uniform** is useful, often easy to acquire from friends or family.
- Keeping a **spare locker key** in the car or write the number code down at home is important.

Solution to being organised-The Journal



The Journal is invaluable as an organisational tool as it has the timetable, the **school rules, term dates**, and should have the **homework/upcoming tests** written in it.

Keep a copy of the timetable at home. Colour coding for each class is helpful. It is the plan for the week, what you need and when. From PE gear to ingredients, cornflake boxes for making castles to leaves for science class, the timetable can have you prepared for your whole week, avoiding many of the issues that beset the new first year student, if they use it properly.



Solution to being organised-The Journal

- **Homework should be written for every class**, if not assigned write what was done p25 -36. This is the record of what a student needs to know. “What’s on the test?”.
- **Homework should be done if possible when its given**. Students will have History 3 times a week. If homework is left unless they are checking their journal the night before for the next day, they will forget to do it.
- **Homework should become a good habit**, an organised place to do it, kitchen table is fine, a set time where possible, begun and finished in 1 ½ to 2 hours.
- **The Phone and Homework**. All the research says phone out of the room. If they need it for research or dictionary you should monitor it, and only allow it used for the subject specified. Left on the table it will be a distraction.
- Students need to be clear about what they have to do for homework, encourage them to **ask the teacher** if they are confused. Most teachers are happy with written evidence of engagement. This has been mentioned as a major cause of stress at home.

Organising Lockers

- Your locker is for keeping all of your books and other items you might need for your day at school.
- A useful organisation tool could be the **Plastic Zipper Folder** whereby you can keep everything relating to that class all in one folder rather than having to search for loose bits of paper/books, or notebooks.



- It is important that you **keep your locker organised** (Colour coded stickers) so that you can easily find what you need when you need it and won't be late for class. Take 10-15 minutes when you get to school in the morning to organise the books you are going to need throughout that day.

Organising Lockers



- Stack the Folders from first class to last class. **You will need only three folders at most at any given time in your bag during the school day(4 access times to the locker 1. Before School; 2. 10:50; 3.13:05; 4. After School.** Likewise at the end of the day work through what you need to take home so you can complete your homework
- Have a **copy of your timetable inside your locker door** to make it easier for you rather than having to open up your student planner or diary each time.
- Even a little **notepad** can be useful inside your locker door so you can use it to remind yourself of things.
- Separate your locker into **zones** for different things i.e., your books and your lunch box. Sometimes it might be handy to have **another shelf** inserted(Purchased at Stationary Shop or Mr Price/Amazon etc).

Organising Lockers

- **Clean out your locker each week** so that you keep in organised and don't let the mess or clutter take over. As a bare minimum it should be done before the end of each school term. Lockers are school property and will be inspected regularly
- **Purchase a lock for your locker** to ensure all your belongings are secure at all times



Classes/Subjects

- **Teacher based rooms** so students move from classroom to classroom
- **Mixed ability classes**
- **2 Day Induction Programme August 2026** / Meeting your Mentor / Meeting Yr Head / Organising Lockers / Navigate the building / Online Learning Platform Introduction
- **Timetable**
- Structure of **school day/week**
- Choosing Subjects Options after **12 week Sampling.**
- Choosing **foreign language Option in October**



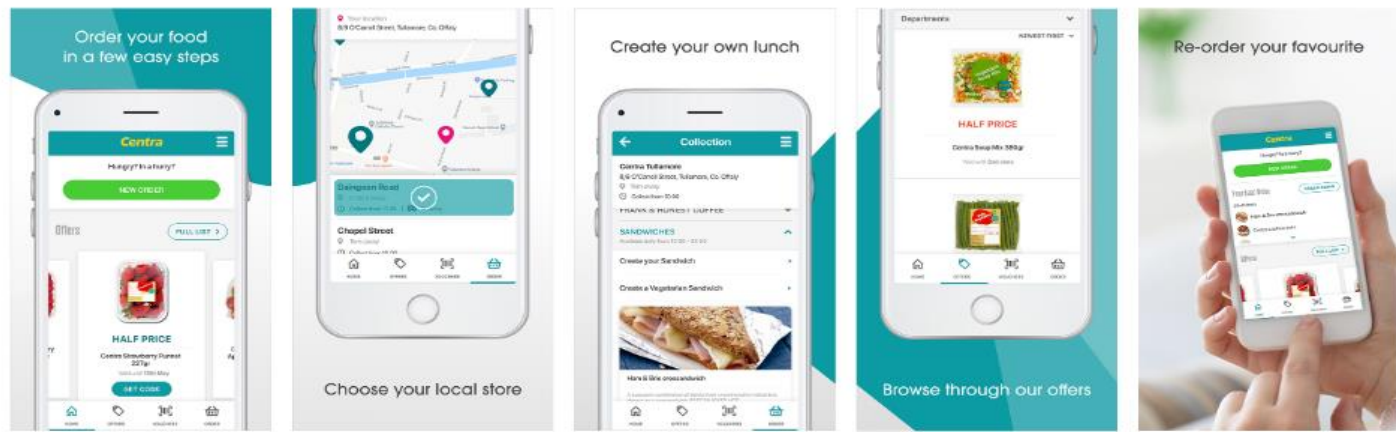
Breaktime/Lunchtime

- **Breaktime 10:50 to 11:05**
- **Lunchtime 13:05 to 13:45**
- **Students are not allowed leave the school site**
- **Lunchtime clubs-Boardgames/Science club activities**
- **Sports on Basketball courts**
- **Table Tennis in Annex**
- **Chat with friends in GP or outside**

Lunches-Order through Centra App



Centra App



Download our Centra App from the [Google Play Store](#) or from the [Apple App Store](#) to view offers, vouchers or order your lunch online.



Hot Lunches-Order through Food Village App

- Easily order meals using the Food Village App.
- Choose a daily menu, plan a full week, or set recurring orders.
- Students collect meals with their unique Food Village keytag



Sample Timetable

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|-------------------------------------|--------------------------------|----------------------------------|-------------------------------------|--------------------------------|
| 08:50 | Eng 1Eng-C SF33 TR | PE 1PE-C GF33A TC | Rel 1Rel-C GF21 RA | Mat 1Mat-C FF17 JR | Iri 1Iri-C SF28 JNR |
| 09:30 | Geo 1Geo-C SF31 SK | PE 1PE-C GF33A TC | Iri 1Iri-C SF28 JNR | Sci 1Sci-16.4 FF17 JR | Mat 1Mat-C FF17 JR |
| 10:10 | Sci 1Sci-16.4 FF17 JR | Mat 1Mat-C FF17 JR | Mat 1Mat-C FF17 JR | His 1His-C SF33 TR | Ger 1Ger-10.2 FF27 JD |
| 10:50 | | | | | |
| 11:05 | Ger 1Ger-10.2 FF27 JD | Eng 1Eng-C SF33 TR | Eng 1Eng-C SF33 TR | Mus 1Mus-12.1-R2 GF39 FC | SPHE 1SPHE-C SF14 LK |
| 11:45 | Iri 1Iri-C SF28 JNR | Iri 1Iri-C SF28 JNR | Geo 1Geo-C SF31 SK | Mus 1Mus-12.1-R2 GF39 FC | WB 1WB-C SF04 MOH |
| 12:25 | Rel 1Rel-C GF21 RA | His 1His-C SF33 TR | Ger 1Ger-10.2 FF27 JD | Ger 1Ger-10.2 FF27 JD | Rel 1Rel-C GF21 RA |
| 13:05 | | | | | |
| 13:45 | His 1His-C SF33 TR | CSPE 1CSPE-C SF31 SK | TG 1TG-11.1-R2 GF15 BOK | HmEc 1HmEc-13.1-R2 SF07 JC | Geo 1Geo-C SF31 SK |
| 14:25 | MetW 1MetW-14.1-R2 GF09 SM | Sci 1Sci-16.4 FF21 JR | TG 1TG-11.1-R2 GF15 BOK | HmEc 1HmEc-13.1-R2 SF07 JC | Eng 1Eng-C SF33 TR |
| 15:05 | MetW 1MetW-14.1-R2 GF09 SM | Sci 1Sci-16.4 FF21 JR | | | |

- Eng-English**
- Geo-Geography**
- Sci-Science**
- Ger-German**
- Iri-Irish**
- Rel-Religion**
- His-History**
- PE- Physical Education**
- Mat-Mathematics**
- CSPE- Civic Social Political Education**
- Mus-Music**
- HmEc-Home Economics**
- SPHE-Social Personal Health Education**
- WB-Wellbeing**
- A Tecn-Applied Technology**
- VArt- Visual Art**
- Bus-Business Studies**
- WWT-Woodwork**
- Engr-Engineering**
- LS-Learning Support**
- Fre-French**

Iri -Irish
1Iri-C Teaching Group 1.3
SF28 –Second Floor Room 28
JNR- Initials of Teacher(Ms J Ní Riain)

GF-Ground Floor
FF-First Floor
SF- Second Floor

Question Time???

Exercise on Timetable



What time do classes start at? What time should you arrive at School at?

How many English classes have you?

In what room will you have Music Class?

What books will you need Tuesday morning before break?

How many room changes will you have on Monday afternoon?

What day will you need your PE gear?

How many room changes will you have after morning break on Wednesday?

If you get Science homework on Thursday when will you have to have it done for?

How long is morning break time every day?

What subjects have double classes?

How might you use the timetable to help plan your week?

How might you use the timetable to help plan your day?

Why might you keep a second timetable?

Where might you keep a second timetable?

What time does School end at on Wed, Thurs and Friday?

What time does School end at on Mon and Tues?

First Year Subject Options-Sampling & Choosing Subjects.



- Students will Sample the following **7 Option subjects** for 12 weeks: **Business Studies, Visual Art, Home Economics, Applied Technology, Engineering, Music, Wood Technology.**
- After Sampling 8 subjects students will be asked to **rank their top 4 preferences** in November. **Students will receive 2** of their top 4 choices in December and will continue studying these 2 subjects for their Junior Cycle Exam.
- Likewise students will sample French and German as a **Modern Foreign Language** before October Midterm. Students will again rank which language they would like to continue studying for their Junior Cycle Exam after Midterm.
- **Spaces in all Option Subject and Language classes** is subject to demand, availability of teaching resources and suitability of the student(Work Ethic/Progress/behaviour)

New Teachers

- Students will have had one teacher and no room changes in Primary School. **Changing teachers every 40 minutes** is a new experience.
- **Teachers will have different ‘house rules’**. Students will like some more than others.
- **Independent learning** is a vital skill for all learners, it is good to emphasise it is their responsibility to engage with the class and the material. Talk about why it is important for them, education is a key to next steps in learning and working.
- The focus should be **on the subject not the teacher**, we won't like everyone, but we can learn to work with everyone. If the situation continues to be an issue speak with the teacher.

Homework/Study

- **Homework embeds learning** to ‘make it stick’
- **Student Journal-Record H/W**
- **Prioritise H/W** that must be done for the next day
- **Revision Plan** from the start, Set Targets(2 Stars, A Wish and a Target)(See Journal)
- **Exam Revision Online Portal**
- **Parents role-Start Early, Finish Early/Weekend H/W** complete on Saturday/Agreed Schedule/Structure for H/W/Agreed Space and Time to complete H/W
- Separate Table in a **quiet area**.
- **Study time-1½ to 2 hours nightly**
- **Extra-Curricular** (Finding the right balance)
- Remember to **always listen** attentively.



Homework Routine-10 step Approach

- When you **get home from school** take a small break, have a snack, listen to music etc. Get changed into comfy clothes if you wish, then you can relax.
- Then go to a nice **well lit quiet area**. Bring a bottle of water with you as it is important to keep hydrated.
- Make sure to have **no phone, TV, Xbox etc, in the room**.
- **Check your journal**, see what homework you have. Highlight the subjects that are most important or that are due for tomorrow. This will also ensure you have the correct books and equipment for the following day.
- Before you start any of your work make sure to **rule, title and date your copies!**
- Try and do some hard work/something that you know will take longer, and then easy work. Kind of **do hard, easy, hard, easy**.
- Make sure to take a **small break every 30 minutes**, go for a walk, listen to music etc.
- As you get your work done **tick off what you have done**.
- Make sure to **spread out your work** so your not doing hours and hours of homework every night!
- Make sure to **try and study as well as do homework**, exams are coming!!!!

Social Media

This is a webinar in itself, **keeping connected** to your teen gets harder, they want independence and privacy. You want communication and to know they are safe. It is about monitoring, creating rules and boundaries and some compromise. **If you can have the phone out of the bedroom for sleep that's huge.**

- Parental Involvement and Responsibility
- **Parental access to child's Social Media Accounts**
- **Keep Phones and Devices out of bedrooms at night**

Referral System(Ladder System)

- Subject Teacher(1st Point of Contact)
- Class Tutor(2nd)
- **Year Head(3rd)**
- Pastoral Care Team(4th)
- Deputy Principal(5th)
- Principal(Final Point of Contact)





Junior Cycle - what's new??

Wellbeing as a central pillar.

Now considered a specific area of learning- **400 hours** have been allocated.

CSPE(Short Course) **SPHE**(Short Course), **PE**(Short Course) along with other areas of learning such as a designated **wellbeing class**, literacy, numeracy, **digital literacy skills** and **guidance** are incorporated into this important element of education.

Classroom assessments and assignments.

Homework may look different, there is a bigger emphasis on **project work** and **presentation** of research than before. **Tests and house exams remain.**

Skills and knowledge based.

There are **8 key skills** students will develop in Junior Cycle. Literacy, Numeracy along with the 6 on the next slide are embedded into every subject. Students will be expected to demonstrate both subject specific knowledge and skills in each subject area.

Key Skills-Junior Cycle

MANAGING MYSELF

- Knowing myself
- Making considered decisions
- Setting and achieving personal goals
- Being able to reflect on my own learning
- Using digital technology to manage myself and my learning

STAYING WELL

- Being healthy, physical and active
- Being social
- Being safe
- Being spiritual
- Being confident
- Being positive about learning
- Being responsible, safe and ethical in using digital technology

COMMUNICATING

- Listening and expressing myself
- Using language
- Using numbers and data
- Performing and presenting
- Discussing and debating
- Using digital technology to communicate

BEING CREATIVE

- Imagining
- Exploring options and alternatives
- Implementing ideas and taking action
- Learning creatively
- Stimulating creativity using digital technology

WORKING WITH OTHERS

- Developing good relationships and dealing with conflict
- Co-operating
- Respecting difference
- Contributing to making the world a better place
- Learning with others
- Working with others through digital technology

MANAGING INFORMATION AND THINKING

- Being curious
- Gathering, recording, organising, and evaluating information and data
- Thinking creatively and critically
- Reflecting on and evaluating my learning
- Using digital technology to access, manage and share content

New type of learning

Independent learning, projects and research.

Students will be required to do more **independent learning**. They may need to research and present their work. They will make models of atoms and PowerPoints to design gardens in Maths class. This means more organisation, getting materials, watching for deadlines and getting everything done. It's difficult for the student who is precise and likes clarity around tasks, its about **developing skills and independence**.

Assessment for New Junior Cycle

- Broader use of Assessment-guidance and feedback for improvement
- Emphasis on specific grades reduced- **No A,B,C,D grades anymore.**
- **Classroom Based Assessment CBA'S(Subject Teacher assessed)**
 - Oral/Written/Practical
 - CBA 1 in 2nd Year (trial)
 - CBA 2 in 3rd Year
- **Assessment Task(State Exams Commission assessment)**
 - 10% completed in April/May of 3rd Yr based on CBA 2
 - **Project work in Practical Subjects(50% to 70%)**
 - **Terminal Exam in June of 3rd Year**
 - **Results issued in Autumn**

In house Christmas and Summer Exam Results(1st,2nd,3rd Year) are reported through VSWARE. A username will be provided in September.

Grading



Changed exam and grading.

Final grades in most non practical subjects are composed of **90% terminal exam** and **10% Assessment of skills**. **Practical classes** give more weight to skills **Project Work**.

CBA Descriptors of Criteria

Exceptional

Above expectations

In line with expectations

Yet to meet expectations

Junior Cycle Student Award 2026

Distinction 85 to 100 %

Higher Merit 70 to 84 %

Merit 55 to 69 %

Achieved 40 to 54 %

Partially Achieved 20 to 39%

Not graded 0 to 19 %



New terminology

CBA and JCPA.

There is a language to everything and school is no different. As well as changed grades from A,B,C to **Distinction, Higher Merit and Merit** students will have **Classroom Based Assessments(CBA)** and will no longer receive a Junior Cert but a **Junior Cycle Profile of Achievement (JCPA)**.

This will include **Other Areas of learning** also such as Co-Curricular Activities(student council) and Extra –Curricular Activities(Sports, Fundraising etc)

After School Study option

- **Exams don't measure ability they measure knowledge!** Focused study is therefore important. Set time aside for study each day.
- **After School Study** is supervised by staff
- **Monday to Friday after school(2 Hours Approx)**



School Uniform

- Blue Jumper
- Grey Pants/Plaid Skirt
- White Shirt / Blouse
- Dark Leather shoes/No luminous Runners
- Navy School Crested Jacket if required
- PE Uniform available if required.
- **Appropriate dress required for PE.**
- No make-up/Appropriate Hairstyles
- No hoodies covering face/No club Jerseys
- Write name on all items of clothing, PE gear and bags.
- Notes from home required if child is not in full uniform
- Jewellery (EAR piercing ONLY).



School Uniforms Direct-Order Online



School Uniforms Direct Ireland x

www.schooluniformsdirect.ie/scoil-na-trionóide-naofa







School Uniforms Direct

Ireland's leading online uniform shop

HOME | PRIMARY SCHOOLS | SECONDARY SCHOOLS | GENERAL ITEMS | 0 items €0.00

Scoil na Tríonóide Naofa Doon

Jumpers and tracksuits are supplied with the school crest.

| | | |
|---|--|---|
| <p>Jumper - Blue</p>  <p>€36</p> <p>Size: <input type="text" value="34"/></p> <p>Add to cart</p> | <p>Boys Jacket</p>  <p>€55</p> <p>Size: <input type="text" value="XXS"/></p> <p>Add to cart</p> | <p>Girls Jacket</p>  <p>€55</p> <p>Size: <input type="text" value="XXS"/></p> <p>Add to cart</p> |
| <p>Tartan Skirt</p>  <p>€50</p> | <p>Blue Socks</p>  <p>€6</p> | <p>Boys Shirt - White</p>  <p>Chest 36 to 38 - €8 Chest 40 to 44 - €10</p> |

www.schooluniformsdirect.ie

Free School Books Scheme/Admin Fee



Scoil na Tríonóide Naofa
Doon, Co. Limerick

1st Year Booklist 2020-21

| Subject | Title | Author | Publisher |
|-------------------------|---|---------------------------------------|--|
| Visual Art (Art) | €10 contribution for Art Materials A4 Display Folder with Transparent Pockets A3 Sketch Book 5/6B Soft Pencil, 3/4B Pencil, 2B Pencil 1 Packet Colour Pencils Rubber Topper Ruler Memory Stick | | |
| Business | A class set is provided for use in 1 st year, therefore no need to purchase same until 2 nd year. Display Book – 20 pockets needed for handouts Copy for exercises in class | | |
| C.S.P.E | Take a Stand – CSPE for New Junior Cycle (Workbook is included) | Holmes & Clougher | Mentor Books |
| Engineering (Metalwork) | A class set is provided for use in 1 st year, therefore no need to purchase same until 2 nd year | | |
| English | Fire & Ice 1 €10 to Class Teacher for use of Junior Cycle Novels | Kelly, Murphy, Seale & Tynan | Gill Education |
| French | Books not required until end of October English/French pocket dictionary (Gem) | | |
| Geography | Cyclone – Complete Junior Cycle Geography (First Edition) – 2018 Colouring Pencils A4 Hardback Copy 1 Homework Copy | Kenny & Horan | Gill Education |
| German | Books not required until end of October German dictionary | | |
| History | Making History – Complete Junior Cycle History (Workbook is included) A4 Display Folder – 40 pockets | Lucey | Gill Education |
| Home Economics | A4 Display Folder – 40 pockets Homework Copy | | |
| Irish | Cinnit 1 (Workbook is included) - old edition (2017) Small pocket dictionary Hard back and homework copies | O'Toole & Wade | EdCo Harper Collins or any other Folens |
| Maths | Active Maths 1 (2 nd Edition) Active Maths 1 (2 nd Edition) Student Learning Log Mathematical Set Scientific Calculator (Casio Natural Display fx-83GTX/fx-85FTX) Mathematical Tables (New Edition) A4 Project Maths Square Copy (5mm) | Keating Mulvany & O'Loughlin, | |
| Music | A class set is provided for use in 1 st year, therefore no need to purchase same until 2 nd year. Music Manuscript Copy | | |
| Religion | A class set is provided for use in school Health & Wellbeing SPHE 1 Workbook (2017 Edition) – To be purchased by students Hardback Copy A4 Folder | Potts & O'Grady | EdCo |
| Science | Exploring Science – New Junior Cycle (First Edition) | O'Callaghan, Doyle, Molamphy & Reilly | EdCo |

- Books and Materials can be collected on Registration days(August) (School Calendar)
- Administration Fee 2026-2027-€80 per child includes:
 - 24 Hour Accident Insurance
 - Microsoft Licence & Account/Internet usage
 - Photocopying
 - Psychometric Testing
 - Subsidised Transport
 - Subsidised Guest Speakers
 - Subsidised Extra Curricular Workshops

Info-School Website- Quick Links Menu



The screenshot shows a web browser window displaying the website for Scoil na Tríonóide Naofa. The browser's address bar shows 'stn.ie'. The website header includes the school's name, logo, and contact information: 'info@stn.ie', '061-380378 / 061-380388', and 'Registered Charity No. 20148638'. A navigation menu is visible with items: Home, Parents & Students, Academic, Community Spirit, Latest News, About, Contact, and Login. A 'QUICK LINKS' dropdown menu is open, listing: School Newsletters 2022-23, Exam Timetables/CBA Deadlines, Booklists 2023/2024, Uniforms, Fuse Anti Bullying Programme, First Year Enrolment 23/24, Student Well Being, School Yr Calendar 2022-23, and School Events Calendar 22-23. The main content area features a 'Mission of Scoil na Tríonóide Naofa' section with a background image of the school building and the text: 'It is the mission of our school to provide an inclusive education which strives to enable students to achieve their potential. We seek to promote the wellbeing of all members of the school community in a respectful, safe and caring environment which values the dignity of each individual.'

SEN Provision/Concerns



- Contact Ms Orla Treacy or Mr Tom Treacy in the school with regard to any issues relating to SEN Provision
- Any concerns relating to your child from Primary School should also be addressed to Scoil na Tríonóide Naofa as soon as possible.



Final words of advice for 1st Years

1. **Take care of your things and they'll take care of you.** Put your name on your belongings.
2. **If you're prepared you will never be scared.** Take time to get used to getting around the school and using the lockers.
3. **School is scary, be there early.** Plan your journey to school
4. **Take responsibility for what you do**
5. **Try everything and anything.** Give sports and clubs a go
6. **Try to get along with everyone,** or else you'll be left without anyone
7. **Meet new people on the first day** and they'll be your friends till you're old and grey! Socialise. Don't be afraid to approach people.
8. **Focus on Schoolwork, but have fun-**5/6 years is a long time!
9. **Be you,** because you is the best you you could possibly be, because there is no one who is you-er than you!
10. School is hard, but remember- **keeping positive will help you get far.**
Best of luck!!!!!!!!!!

Useful Resources

- **Friendships**

A Shy Person's Guide to Making Friends at School

<https://young.scot/get-informed/national/a-shy-persons-guide-to-making-friends-at-school>

- **Learning**

How the brain learns <https://www.youtube.com/watch?v=cgLYkV689s4>

Growth Mindset https://www.youtube.com/watch?v=KUWn_TJTrnU

Study Smarter not Longer <https://www.youtube.com/watch?v=CPxSzxyIRCI>

- **Reading**

Excellent worksheets to help students get the most out of their reading and learning.

https://www.nbss.ie/sites/default/files/publications/mm_stratgeis_for_1st_yr_induction_pro_g_cu.pdf

Resources for Transitioning

Booklets to Support Transition to Secondary School

- HSE

<https://www.sess.ie/sites/default/files/inline-files/Transition-to-Post-PrimarySchool- Sample-Transition-Programmes.pdf>

- Transition from Primary to Post-Primary for Pupils with Special Educational Needs

<https://www.sess.ie/sites/default/files/Resources/Inclusion/Transition Booklet.pdf>

- VS Ware Parent Instructional Video to access Exam Results

<https://vsware.wistia.com/medias/tmb3s409kt>



Useful Contacts

- Aware www.aware.ie
- Bodywhys www.bodywhys.ie
- Childline www.childline.ie
- Connect Safety www.connectsafety.org
- Pieta House www.pieta.ie
- Shine www.shineonline.ie
- Webwise www.webwise.ie
- Belong to www.belongto.org

School Contact



- www.stn.ie Website
- info@stn.ie Email
- 061380378 Phone



**1ST PARENTS & STUDENTS
INCOMING 1ST YR SUPPORT PACK
2026/27**

Scoil na Tríonóide Naofa